



Yoganic Flow

People for Palmer Park  
DETROIT



## 2020 WAIVER & PHOTO PERMISSION – Yoga

*Those who participate in People for Palmer Park's indoor/outdoor yoga classes between January 1, 2020 and December 31, 2020 taught by certified yoga instructors do so at their own risk. In consideration of permission to participate in any way in activities for this event, I for myself, my personal representatives, assigns, heirs and next of kin:*

1. Acknowledge, agree and represent that I understand the nature of the activity stated above and that I am qualified, in good health and proper physical condition to participate in such activity. I further acknowledge that the activity will be conducted in public spaces, roads and facilities open to the public and upon which hazards are to be expected. I further agree and warrant that if at any time I believe conditions to be unsafe I will immediately discontinue further participation in the activity.
2. Fully understand that: (a) activities may involve risks and dangers of serious bodily injury, including permanent disability, paralysis and death ("risks"); (b) these risks and dangers may be caused by my own actions, or inactions, the actions or inactions of others participating in the activity, the condition in which the activity takes place, or the negligence of the "releasees" named below; there may be other risks and social and economic losses either not known to me or not readily foreseeable at this time; and I fully accept and assume all such risks and responsibility for losses, costs and damages I incur as a result of my participation or that of the minor in the activity.
3. Will notify the instructor about any health issues or challenges, pregnancy, etc. in advance of instruction.
4. Hereby release from any and all liability the People for Palmer Park organization, its volunteers, the instructors, and the City of Detroit from any and all liability, claims, demands, losses, or damages on my account caused or alleged to be caused in whole or in part by the negligence of the releasees or otherwise, including negligent rescue operations; and I further agree that if, despite the is release and waiver of liability, assumption of risk, and indemnity agreement I, or anyone on my behalf, makes a claim against any of the releasees, I will indemnify, save and hold harmless each of the releasees from any litigation expenses, attorney fees, loss, liability, damage, or cost which may incur as the result of such claim.
5. Hereby grant full permission to People for Palmer Park to responsible and tasteful use of my photograph or my child's photograph in publications or promotional materials (printed or electronic) supporting this program. This consent also serves to waive all rights of privacy or compensation, which I may have in connection with the use of my photograph and/or name or my child's photograph and/or name.

*I have read the agreement, fully understand its terms, understand that I have given up substantial rights by signing it and have signed it freely and without any inducement or assurance of any nature and intend it to be a complete and unconditional release of all liability to the greatest extent allowed by law and agree that if any portion of this agreement is held to be invalid, the balance, notwithstanding, shall continue in full force and effect.*

**Signature**

**Date**

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**Name (Please Print)**

**City**

**Zip**

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**Phone**

**EMAIL**