



Spring into Action Recreation Fair

People for Palmer Park will be hosting a Recreation Event to showcase its many **FREE recreation programs AND Urban Educational Garden**. All of our program instructors for yoga, t'ai chi, walking, biking, baseball, tennis and our farm manager will all be at the park in hour long shifts beginning at 9am to answer questions, provide demos and introduce everyone to all that they have to offer this spring, summer and fall at Palmer Park.



Recreation Fair SCHEDULE

Yoga:	9:00am - 10:00am	(location - area near the splash park)
T'ai Chi:	10:15am - 11:15am	(location - area near the splash park)
Walking:	11:30am - 12:30pm	(meet - area near the splash park)
Biking:	1:00pm - 2:00pm	(meet - area near the splash park)
Baseball:	ongoing throughout the day	(location: baseball diamond)
Tennis:	12:00p - 3:00pm	(location - area near the splash park)
Urban Garden Volunteering		...open to everyone ALL DAY!

Saturday, May 21, 2016 • 9am - 3pm

**LOCATION: Palmer Park, mostly in area near the Splash Park,
Urban Garden, and baseball on the diamond.**

RAIN DATE: Saturday, June 4, 2016

peopleforpalmerpark.org | info@peopleforpalmerpark.org